

MOSES, AND THE FULL ARMOR OF GOD-PART "4-B"  
SABBATH SCHOOL LESSON  
EPHESIANS 6:14-17 ARMOR OF GOD

NOTE: Before beginning the study on the patriarchs of the Bible and the "Armor of God", I have listed below information for the reader's benefit in understanding the phrases in Ephesians 6:14-17. I hope the reader enjoys the lessons as much as I did in researching the information.

"Stand...having your loins girded about with truth...."

"Stand"-maintain our ground, not yielding or fleeing.

"Truth"-Strong's, Greek, 226, - Not as concealing,  
to be true in doctrine,  
speak the truth, don't hide it.

John 17:17,"thy **word is truth**".

"And having on the Breastplate of Righteousness..."

"Breastplate"-Strong's, Greek, 2382, the chest, thorax, corselet.

"Righteousness"-Strong's, Greek, 1343, Psalms 119:172,"for **all  
thy commandments are righteousness**".

(Note-joins with "truth", faith working righteousness in love.

"And your Feet shod with preparation..."

"Shod"-Strong's, Greek, 5265, - bind on one's feet, take the Truth  
with you wherever you go.

"Preparation"-Strong's, Greek, 2091/2680-to prepare, make ready  
"inside" as in internal fitness, to construct,  
make, ordain, prepare, to prepare  
thoroughly

(Note, prepared to do and suffer all that God wills)

"Of the gospel of peace..."

"Gospel"-good news/tidings

"Peace"-Strong's, Greek, 1515, peace, rest quiet (to join), the peace  
within, in contrast to the raging of the  
outward conflict

Psalms 112:7, 8, **He shall not be afraid of evil tidings: his heart is fixed, trusting in the LORD.**  
**8, His heart is established, he shall not be afraid, until he see his desire upon his enemies.** (Insures success against enemies.)

"Above all, Taking the shield of faith whereby you shall be able to quench all the fiery darts of the wicked..."

"Shield"- Strong's 2375-lit. or fig. door, gate, a large shield as door shaped

"Faith"-Strong's 4102-conviction of religious truth, reliance upon God for salvation, assurance, no doubt you shall be able, not you may be able.

Note: I John 5:18,...**but he that is begotten of God keepeth himself, and that wicked one toucheth him not.** (The faithful he, Satan cannot hurt.)

II Peter 1:12, **Wherefore I will not be negligent to put you always in remembrance of these things, though ye know them, and be established in the present truth.** (In other words, be steadfast.)

(Note: Satan's power exists only in respect to the unbelieving, the unfaithful)

NOTE INSERT-"Fiery darts"-found at the end of the shaft of an arrow that would set fire to tents and woodwork.

"Take the helmet of salvation"

"Take"-means accept, receive, offered by God!

"Helmet"-Strong's, Greek, 2776, as the part most taken hold of, around, through, 4012-unchangeable

(Note), the head was the soldier's principal part to be protected as this is where the

deadliest strokes might fall and the head commands the entire body.

Romans 5:5, **And hope maketh not ashamed; because the love of God is shed abroad in our hearts by the Holy Ghost which is given unto us.**

Note-the head, when one knows and lays hold of the sure tidings or truth or gospel and eternal life, one will not receive false doctrines or give in to Satan's temptations.

"Salvation"-Strong's, Greek 4991, rescue, safely deliver

Note-Subjoined to the "shield of faith" as inseparable accompaniment,

Romans 5: 1, 5, **Therefore being justified by faith, we have peace with God through our Lord Jesus Christ.**

Note-Not an uncertain hope but knowing that God is recreating us in His own image, Gen. 1:26 and the good news or tidings/gospel is that we will be like HIM!!

"Sword of the spirit"

"Sword"-Strong's 3162, fighting, striving

Ephesians 6:17-...**the sword of the spirit, which is word (4487) of God.**

Note-The "sword of the spirit" cuts both ways, striking some with conviction and conversion and others with condemnation.

Also note-there is no armor on the back-means we shouldn't turn our back on the foe but face them and resist them ceaselessly.

Consider the following: How can we fight with the sword if we don't know what the Word of God says. Here's how:

Ephesians 6:18-**Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints;**

MOSES, AND THE FULL ARMOR OF GOD-PART "4-B"  
SABBATH SCHOOL LESSON

- Say - Welcome to Sabbath School as the series on the 'Whole Armor of God' continues. We have talked about Noah, whom God called, "His servant", Abraham, "My friend" and "Jacob whom I loved" and today we will continue the story of Moses, the Lawgiver and Deliverer.
- Say - As we ended the story of Moses in Part "4-A", Moses had been taken to the Royal Court of Pharaoh's daughter and had become her son. She had named him Moses because she had drawn (born) him out of the water, Ex. 2:10.
- Say - However the Bible tells us, "By faith Moses, when he was come to years, refused to be called the son of Pharaoh's daughter; choosing rather to suffer affliction with the people of God than to enjoy the pleasures of sin for a season", Heb. 11:24, 25.
- Say - Moses grew and grew and "never losing sight of who he was" soon became a mature man of 40 and one day he saw the suffering of his people. He set about to defend them and destroyed the Egyptians whom had harmed his Hebrew people. But God had a plan for Moses and He did not want him taking the law into his own hands and so his first attempt to help his ailing people failed. To save his life, Moses escaped to Median and spent many lonely years wondering in the wilderness, Ex. 2:11-15.
- Say - Remembering God was orchestrating all the events in the life of Moses and all that happened to him was for a purpose, the experiences he had in the roughness of the wilderness taught him survival skills he never could have learned in the softness of the queen's palace.
- Say - Soon Moses met Jethro, the high priest of Median; he was the owner of many sheep. Moses became the shepherd of his flock and eventually married Jethro's daughter, Zipporah, who gave him a son and they named him, Gershom which means "Stranger" for Moses had been a "Stranger" in a strange land, Egypt, Ex. 2:21, 22.
- Say - As the shepherd of his father-in-law's flock, Moses learned the geographical layout of the territory. Little did Moses realize that through this very wilderness area he would someday lead "God's Flock", the Nation of Israel!

Say - Finally, while tending the sheep one day and now 80 years old and far away from Egypt, God called him in the midst of the desert area at Mt. Sinai (also called Mt. Horeb). In the midst of a burning bush, God confronted him and commissioned him to lead His people, Israel, out of the Egyptian bondage, the land of sin, Ex. 3.

Say - God said, "I have heard their cry and I have seen their affliction and I know of their sorrows", Ex. 3:7. "I have come to bring them to a good land, a land flowing with milk and honey". "You must go to Pharaoh and bring My children out of Egypt", Ex. 3:7-10.

Say - Moses was not as confident as he had been in his younger years and immediately made all sorts of excuses why he was not suited for the job. He said, "My speech is not good" and "They will not believe me nor listen to me". But God said, "I will teach you what you should say", (See definitions, "Shod your feet with "preparation"). Finally assured of God's help and armed with God's power to work miracles and with Aaron, his brother, at his side, he went as God's servant, Ex. 4, Ps. 105:26 (See definitions, "Shield of Faith").

Say - Now 200 miles from Egypt, Moses and Aaron, with their "Loins girded about with the truth of God", took the message along with the "Rod of God" symbolic of God's power, (See definitions, "Sword of the Spirit) and off to Pharaoh they traveled. Pharaoh had never heard of the God of Israel and had never seen His power but that was about to change!!

Note: The "Rod of God" ended up in the Tabernacle as they traveled through the wilderness.

Say - As difficult as it was for Moses to bring God's message to Pharaoh, and his people, he obeyed God and went before him. Just as he had expected, neither Pharaoh nor the discouraged Israelite children believed Moses and Aaron. But God said, Give them the good news of peace (See definitions, "Gospel of Peace"). "Tell them I am the Lord, I will bring them out from under the burdens of the Egyptians, and I will redeem, rescue them, with a stretched out arm, ...and I will make them my people and will bring them into the land I promised Abraham, Isaac and Jacob", Ex. 6 (See definitions, "Salvation"). This was the beginning of the "salvation process" for the Israelites. They would have to count the cost and make a decision whether to take the step of faith and follow the God of Moses as he had done.

- Say - Finally, Aaron and Moses were in front of Pharaoh and they delivered the message just as God had told them. Moses said, "Let my people go, that we may hold a feast unto the Lord in the wilderness", Exodus 5:1. (This "Feast" was the Feast of Passover and the Days of Unleavened Bread.) But Pharaoh's heart was deceitfully wicked and hardened and he refused to listen to God's orders given through Moses. Little did he realize the suffering he and the land of Egypt were about to face because of his stubbornness.
- Say - God made Moses powerful before Pharaoh and after a series of ten plagues the bonds of slavery were broken. The Bible tells us, "He sent darkness, and made it dark; .... He turned their waters into blood, and slew their fish. Their land brought forth frogs in abundance, in the chambers of their kings. He spoke, and there came different sorts of flies, and lice in all their coasts. He gave them hail for rain, and flaming fire in their land. He smote their vines also and their fig trees; and brakes the trees of their coasts. He spake, and the locusts came, and caterpillers, without number, and did eat up all the herbs in their land, and devoured the fruit of their ground. Egypt was glad when the Israelites departed: for the fear of them fell upon them", Psalms 105:28-35, 38.
- Say - Now it was time for the final plague to happen; the eve of Israel's dramatic departure from Egypt had come. The final warnings had been given to Pharaoh and the blood of a perfect lamb was placed above the door of each Israelite home as God had instructed. Midnight came and the Death Angel "Passed Over" every Israelite home and spared their lives but smote all the firstborn in the land of Egypt, Exodus 12:29-30, Psalms 105:36.
- Say - Shortly after midnight, Moses, by divine guidance, led God's people southward out of Egypt through the wilderness towards Mt. Sinai. By now the nation of Israel had grown to over 600, 000 plus all their cattle and flocks of sheep and camels (See definitions, "Stand with loins girded")!
- Say - The Bible tells us God "... brought them forth ... with silver and gold: and there was not one feeble person among their tribes, Psalms 105:37. He "made his own people to go forth like sheep, and guided them in the wilderness like a flock", Psalms 78:52. He said, My presence shall go with thee, and I will give thee rest, Ex. 33:14. Behold, I send an Angel before thee, to keep you in the way (of truth), and to bring thee into the place which I have prepared, Exodus 23:20. He said, "That they might observe his

statutes, and keep his laws”, Psalms 105:39-45, (See definitions, "Shield", "Truth", "Helmet of Salvation").

Say - The next day had come and now the Israelites were out of Goshen and situated between the mountains and the Red Sea. Pharaoh was sorry he had let all that free labor go. Quickly he made ready 600 chariots pulled by horses and he was after them in urgent pursuit.

Say - Moses saw Pharaoh's army coming and the Israelites were shaken but He said, "Fear not, stand still and see the Salvation of the Lord...the Lord shall fight for you....hold your peace" (See definitions, "Salvation").

Say - As Pharaoh's armies approached, Moses by faith, did as God instructed and "Lifted up his rod (See definitions, symbolic of the "Sword of the spirit", God's power) over the sea and divided it and the children of Israel went through the Red Sea on dry ground", Ex. 14:16, 22. The Egyptians pursued and went in after them but God, "Spread a cloud for a covering", over His people and shielded the Egyptians from them, Psalms 105:39, (See definitions, "Shield").

Say - Pharaoh and his armies were troubled, for they could not "quench the fiery darts" (See definitions, "Shield of Faith whereby you will be able to quench the fiery darts"). They could see, "God was fighting for His people the Israelites" and though Pharaoh's armies tried to flee, it was too late. The sea closed over them as Moses stretched out his hand and destruction came upon them, Exodus 14 (See definitions, "Peace", Ps. 112:8).

Say - At last FREEDOM, a victory over sin for God's people. Inspired by God, Moses sang a song, "The lord is my strength and salvation, He is my God", Exodus 15:1-18, a song describing the entire Passover event which is one of the most famous songs in Biblical history.

Say - As we compare this miraculous story of the deliverance of our ancestors with our own personal deliverance of coming out of sin, it is easy to relate in the praise and "Song of Thanksgiving". I have printed the "Song of Deliverance" below for your convenience. As we read it, take note of the references to the "Armor of God".

"Then sang Moses and the children of Israel this song unto the LORD, and spake, saying, I will sing unto the LORD, for he hath triumphed gloriously: the horse and his rider hath he thrown into the sea. The LORD is my strength and song, and he is become my salvation: he is my God, and I will prepare him an habitation; my father's God, and I will exalt him. 3The LORD is a man of war: the LORD is his name. Pharaoh's chariots and his host hath he cast into the sea: his chosen captains also are drowned in the Red sea. The depths have covered them: they sank into the bottom as a

stone. Thy right hand, O LORD, is become glorious in power: thy right hand, O LORD, hath dashed in pieces the enemy. And in the greatness of thine excellency thou hast overthrown them that rose up against thee: thou sentest forth thy wrath, which consumed them as stubble. And with the blast of thy nostrils the waters were gathered together, the floods stood upright as an heap, and the depths were congealed in the heart of the sea. The enemy said, I will pursue, I will overtake, I will divide the spoil; my lust shall be satisfied upon them; I will draw my sword, my hand shall destroy them. Thou didst blow with thy wind, the sea covered them: they sank as lead in the mighty waters. Who is like unto thee, O LORD, among the gods? who is like thee, glorious in holiness, fearful in praises, doing wonders? Thou stretchedst out thy right hand, the earth swallowed them. Thou in thy mercy hast led forth the people which thou hast redeemed; thou hast guided them in thy strength unto thy holy habitation. The people shall hear, and be afraid: sorrow shall take hold on the inhabitants of Palestina. Then the dukes of Edom shall be amazed; the mighty men of Moab, trembling shall take hold upon them; all the inhabitants of Canaan shall melt away. Fear and dread shall fall upon them; by the greatness of thine arm they shall be as still as a stone; till thy people pass over, O LORD, till the people pass over, which thou hast purchased. Thou shalt bring them in, and plant them in the mountain of thine inheritance, in the place, O LORD, which thou hast made for thee to dwell in, in the Sanctuary, O LORD, which thy hands have established. The LORD shall reign for ever and ever", Exodus 15:1-18.

Say - But there were still more miracles ahead for the Nation of Israel just as there are miracles ahead in the journey of our lives as we follow God. We will discuss those miracles in the final lesson on Moses in Part "4-C".

### MEMORY VERSE

...HE KEPT HIM AS THE APPLE  
OF HIS EYE.  
DEUTERONOMY 32:10

Note: There is a song/poem you may enjoy which goes with this story found in the "Poem/Music" section of this website.

BELOW IS THE SABBATH SCHOOL LESSON FOR TOTS

## THE FIRST PASSOVER

One day when Moses was tending his flock;  
from a burning bush an angel of God started to talk.  
God called out from the midst of the bush,  
saying, "Moses!" "Moses!", "Here I am!"

"My people in Egypt are in slavery still;  
their slave masters are working them at their will".  
"From daylight till dark with afflictions aplenty;  
they are oppressed and weary and their sorrows are many"!

"Moses, you I have chosen unto Pharaoh you must go;  
and deliver My children out of Egypt's hold".  
"I have a good land, where the milk and honey does flow;  
it's called "The Place of the Canaanites" where they must go".

Excuses Moses made saying, "Who am I that I should go";  
"Unto King Pharaoh that I don't want to know?".  
But God said, "Moses, I will be with you unto the end;"  
"From Egypt I'll lead my people with a mighty hand".

Moses said "Surely a helper I will need";  
and Aaron, his brother, became his helper indeed!  
Off they went with their shepherd's rod in hand;  
off to bring the children to The Promised Land!

Soon Moses and Aaron brought God's message to tell;  
but Pharaoh had never heard of the God of Israel.  
"LET MY PEOPLE GO" was the message bold;  
Pharaoh said, "I know not your God nor will I let the  
Israelites go."

Pharaoh increased the workload of the slaves that day;  
he mistreated them in everyway!  
From daylight until dark he worked them in the blazing sun;  
making brick by brick until the work was done.

God increased his signs and wonders on the Egyptian Land;  
I will show My works and wonders of a mighty hand.  
But Pharaoh's heart was hardened; He refused to let them go;  
plagues would strike at Egypt's land, to break his hold.

“LET MY PEOPLE GO!” said Moses to Pharaoh, one more time;  
    “No” came the answer and to blood the rivers turned and the  
        fish began to die.  
Still Pharaoh refused to free the slaves and soon upon the land  
    were dreadful frogs and lice and flies.

Still the Pharaoh’s heart was hardened; he would not let the people  
    go;  
Cattle were dying with blisters abounding and everywhere open  
    sores!

The lightening flashed, the thunder rolled and the hail it came a  
    pounding!  
Broken were the trees as the hail covered the land and still  
    Pharaoh would not yield nor bow to God upon his knees.

As each gloomy plague did on Egypt descend;  
    the Pharaoh hardened his heart and would not bend.  
Imaginary were Pharaoh’s Gods and powerless too;  
    to the true God, Pharaoh would not submit, oh what a fool!

Another plague was about to fall as God sent an east wind all  
    one night;  
The locust swarmed upon the land, eating everything  
    in sight!

Defiant and evil and oh so stubborn was the Pharaoh, no one  
    would think it so;  
He prayed to his false gods and he still would not let the Israelite  
    children go.

“Stretch out your hand,” God told Moses, “I’m sending darkness  
    over the land”;  
For three days so thick the darkness no one could see another, or  
    even their own hand!

Soon came the final plague that would surely turn the tide;  
    every first born Egyptian at midnight would have to die!  
God told Moses, “Listen carefully and instruct My people;  
    put the blood of a lamb upon each doorpost and across every  
        lentil.”

"Inside they were to eat their meal in haste and with their walking staff in hand";

"At midnight I will send the Death Angel over Egypt land and Pharaoh will bow beneath My mighty hand!"

"When I see the blood upon the doorpost, a token it will be;  
for then I will PASSOVER you; no harm will come to thee;"  
Smiting all Pharaoh's first born will bring him to his knees;  
that's what will make him realize I AM the Lord indeed!

The Israelite children were finally free at last;  
at the stroke of midnight it had come to pass!  
By way of the Red Sea, God led His people on their way;  
with a pillar of fire by night and a pillar of a cloud by day.

But the next morning Pharaoh became angry that he had let the people go and upon his chariot he did rise.  
Pursuing after the Israelites with his horsemen and his army;  
soon he found the Israelites trapped between the mountains and the mighty Red Sea.

The Israelites began to grumble; "No way can we escape";  
God said, "Lift up thy rod, for salvation shall be your fate!"  
The sea rolled back by the power of God's mighty hand;  
and the Israelites walked safely across on the dry, dry sand!

Like thunder, Pharaoh and his army were pursuing very near;  
under the water they disappeared, the Israelites need not fear.  
Again the Lord saved Israel that day from the Egyptians;  
another mighty work God had done for the love of His children.

This is the story of the first Passover--unique in history;  
we should write of it, talk of it, it is for all of us, God's story!  
Lest we should forget the true God who frees us from the slavery of sin and back in bondage find ourselves in.

By B. R. B.

...HE KEPT HIM AS THE APPLE  
OF HIS EYE.  
DEUTERONOMY 32:10

PLEASE FIND AN APPROPRIATE PICTURE TO COMPLEMENT THE BIBLE STORY. BELOW ARE THE MEMORY VERSES TO BE CUT OUT AND PLACED WITH THE APPROPRIATE PICTURE FOR CHILDRENS' SABBATH SCHOOL NOTEBOOKS.

MEMORY VERSE

...HE KEPT HIM AS THE APPLE  
OF HIS EYE.  
DEUTERONOMY 32:10

MEMORY VERSE FOR TOTS

MEMORY VERSE

...HE KEPT HIM AS THE APPLE  
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